

# THE SHIFT

*A Higher Brain Living  
Journey into  
consciousness and culture*



*I believe you truly aspire to make a difference in the world. To do so you must become a living example of what you wish the world to be. Please join me for 'The Shift'.... the world needs you.*

The 'shift' is a two day retreat experience with Dr. Michael Cotton, the creator and developer of H.E.A.R.T. and Higher Brain living. This retreat is hosted in the beautiful Awaken Higher Brain Living retreat center in Overland Park Kansas.



*Do you want to discover what the mystics have sought for centuries? Do you want to discover peace beyond all your circumstances?*

Day one of "The Shift" you will plunge into pure primal consciousness (your formless dimension), that part of you that is indestructible and is always free.



*Do you want to know your life's purpose and how to live it?*

Day two of 'The Shift' will catalyze Higher Brain living in the world (Your dimension of form) and empower you to engage your life from your fullest potential.



Experience the "missing link" in personal and spiritual growth. During this retreat you will create the appropriate brain state before deep spiritual techniques are used to discover ultimate reality. By first energizing your higher brain deeper dimensions of your being are more accessible.

*The retreat was peaceful, enriching and amazing for one's body, mind, and soul. Dr. Cotton has the ability to turn one's life 360 degrees in the most amazing way and for that I am truly grateful. My future success in both life and business is owed to both Dr. Cotton and his incredible team. Brenda, S. Cedarburg, WI 39 years, Senior Director (New Product Development/Advertising Design)*

Retreat limited to 32 guests, act now as this retreat will sell out quickly!

Total retreat cost is only \$545. For more info and to register visit: [www.higherbrainliving.com/theshift.php](http://www.higherbrainliving.com/theshift.php)